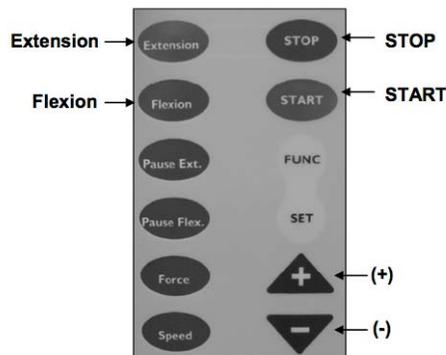


ARTROMOT K-3 KNEE CONTINUOUS PASSIVE MOTION MACHINE INSTRUCTIONS

BASIC INSTRUCTIONS

1. Make sure the CPM is plugged into the wall. Make sure that the electrical socket used is not operated by a light switch. If it is, make sure the light switch is in the ON position.
2. Turn the Master Power Switch to the ON position. (Located next to where the power cord enters the base of the CPM.)
3. Ensure that the KCPM is at its flattest position prior to placing the patient's leg into the machine.
4. Apply required Safety Straps around the patient's leg. The Patient Service Representative that delivered the KCPM should have showed you how to apply these straps.
5. Double check the controller settings. If they are at the proper settings, push the green start button located on the right side of the controller to start the movement.



CHANGING SETTINGS ON THE CONTROLLER

1. The EXTENSION or how flat your leg gets should be set, per your Doctors order, by the Patient Service Representative prior to leaving your home or Facility. If it needs to be adjusted press the EXTENSION and STOP Buttons at the same time. You will see two arrows appear in the center of the screen pointing to the number on the left side. Press the UP (+) or DOWN (-) arrow to adjust this number to the desired range.
2. The FLEXION or how much your leg bends can be adjusted by pressing the EXTENSION and STOP buttons at the same time. You will see two arrows appear in the center of the screen pointing to the number on the left side. When you see these arrows press the FLEXION Button. The arrows should now be pointing to the number on the right side of the screen. Press the UP or DOWN arrow to adjust this number to the desired range.

Doctor Protocols: Start _____ to _____, Increase _____ to _____ per day, End _____

Use (4-6) or (6-8) hours every day, as directed by your doctor.



Please remember that use of the CPM does not take the place of your Physical Therapy Exercises. It is extremely important to do those exercises combined with CPM use to maximize you recovery. If you any issues with the CPM, or have any questions call **1-800-996-4001**.